



Our Mission

To help remove the stigma of mental illness while assisting those who struggle and offering hope to those who need it most.

It's OKAY to not be OKAY
and it is so important to feel comfortable talking about it.

KAYLASHOPE.ORG

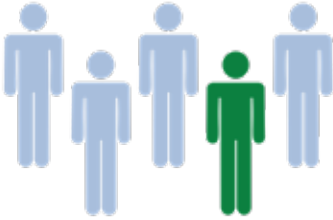
Kayla's Story

In April of 2018 fifteen-year-old Kayla Brooke Lehmann lost her battle with depression. Hans and Ruthie Lehmann lost a cherished daughter. Hannah Lehmann lost her sister and best friend.

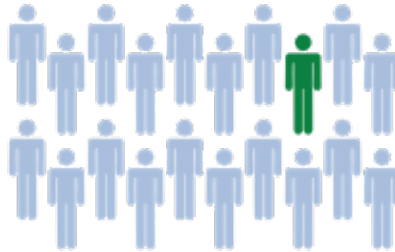
In 2018, the Lehmann family created the Kayla's Hope Foundation in loving memory of their daughter and sister. They created the foundation to help bring awareness to the staggering mental health crisis and to help normalize mental health to allow others to freely seek help as they would any other health concern.



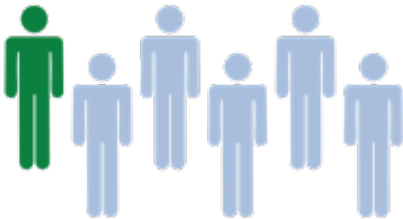
Mental Health Facts



**1 in 5 U.S. adults
experience mental
illness each year**



**1 in 20 U.S. adults
experience serious
mental illness each year**



**1 in 6 U.S. youths ages 6-17
experience a mental health
illness each year**

50%

**50% of all lifetime
mental illness begins
by age 14**

75%

75% by age 24

2
*leading
cause of
death*

**Suicide is the
2nd leading cause of
death among people
aged 10-14**

2024 Community Impact

Kayla's Hope Foundation has raised over \$300,000 to support our mission.



48% - COUNSELING

Partnering with Fox Valley Hands of Hope, Suicide Prevention Services, Chapelstreet Church Shepherd's Heart Ministry, and Second Act|Scene 2 to provide financial assistance to those without proper mental healthcare coverage.



17% - COLLEGE SCHOLARSHIPS



College scholarships for high school seniors in the greater Fox Valley area who intend to study music, literature, or psychology.

Future Vision: What's Next

Establish a Mental Health Outreach Program

to increase and expand accessibility throughout the greater Fox Valley area.



Continue and expand our college scholarship program to include more Fox Valley area seniors.

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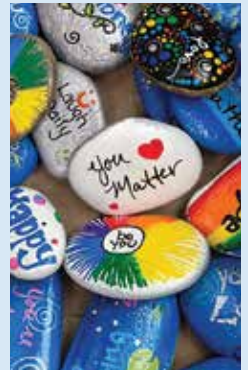
35% - MENTAL HEALTH AWARENESS & SCHOOL SUPPORT

Partnerships with Suicide Prevention Services and National Alliance of Mental Illness (NAMI) to fund **LOCAL** education and training.

Contributing to High School mental health presentations and Hope Clubs.



Funding Elementary School Kindness Rock Painting to provide art therapy and education about the power of care and Akindness.



Future Vision: What's Next

Provide a list of trusted mental healthcare professionals to help you on your journey.

Offer FREE Mental Health Presentations for parents and children to educate and guide them.

Increase support to our Mental Health Care partners.

Partner with more High, Middle and Elementary Schools in the Fox Valley to get our message of kindness and awareness to kids of all ages.